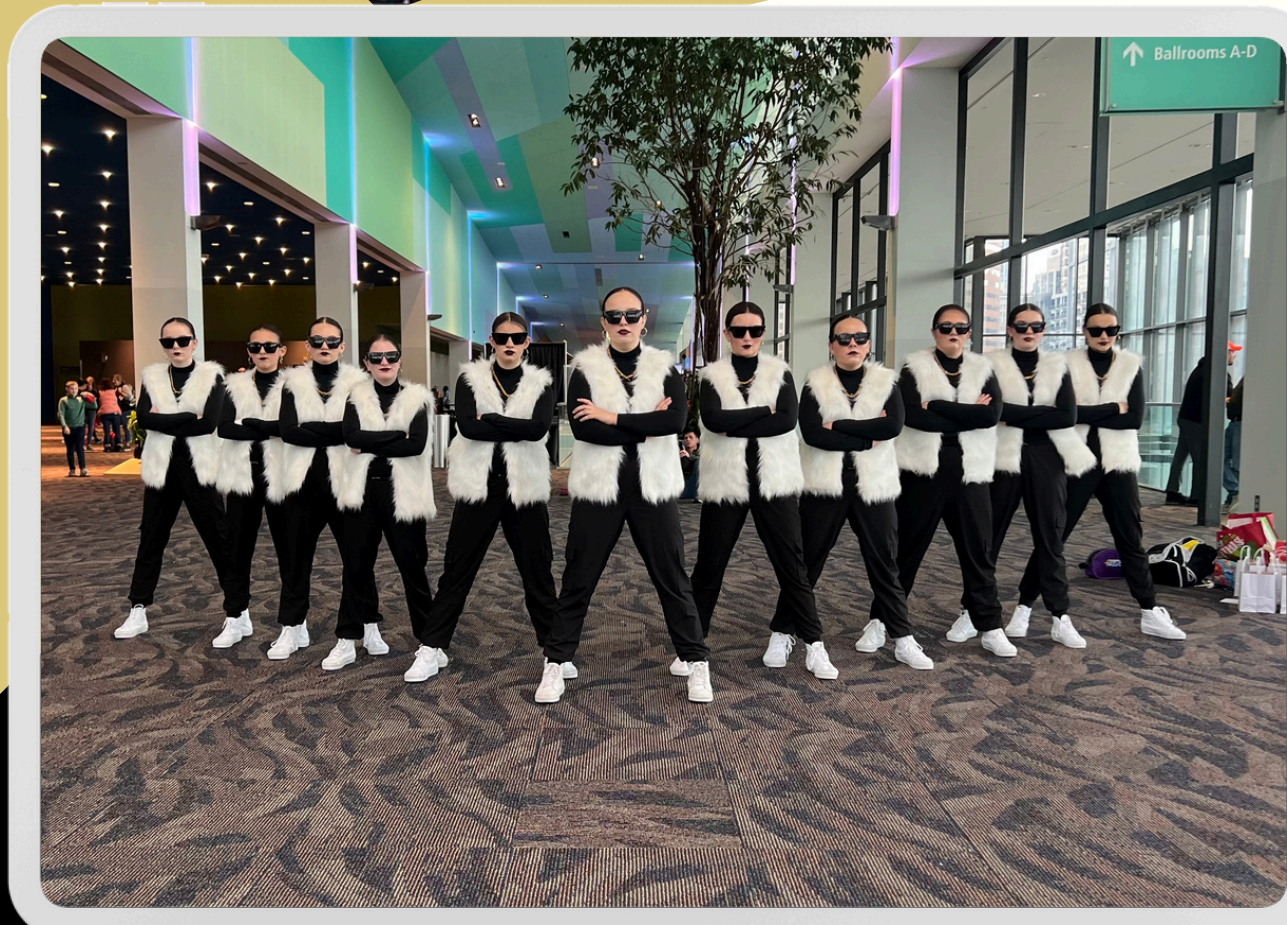




2024/2025

ALLSTAR PACKET


#WELCOMETOTHEVALLEY



MVP

MIAMI VALLEY PREMIER
ATHLETICS

CONTACT US

 (513) 805-7144

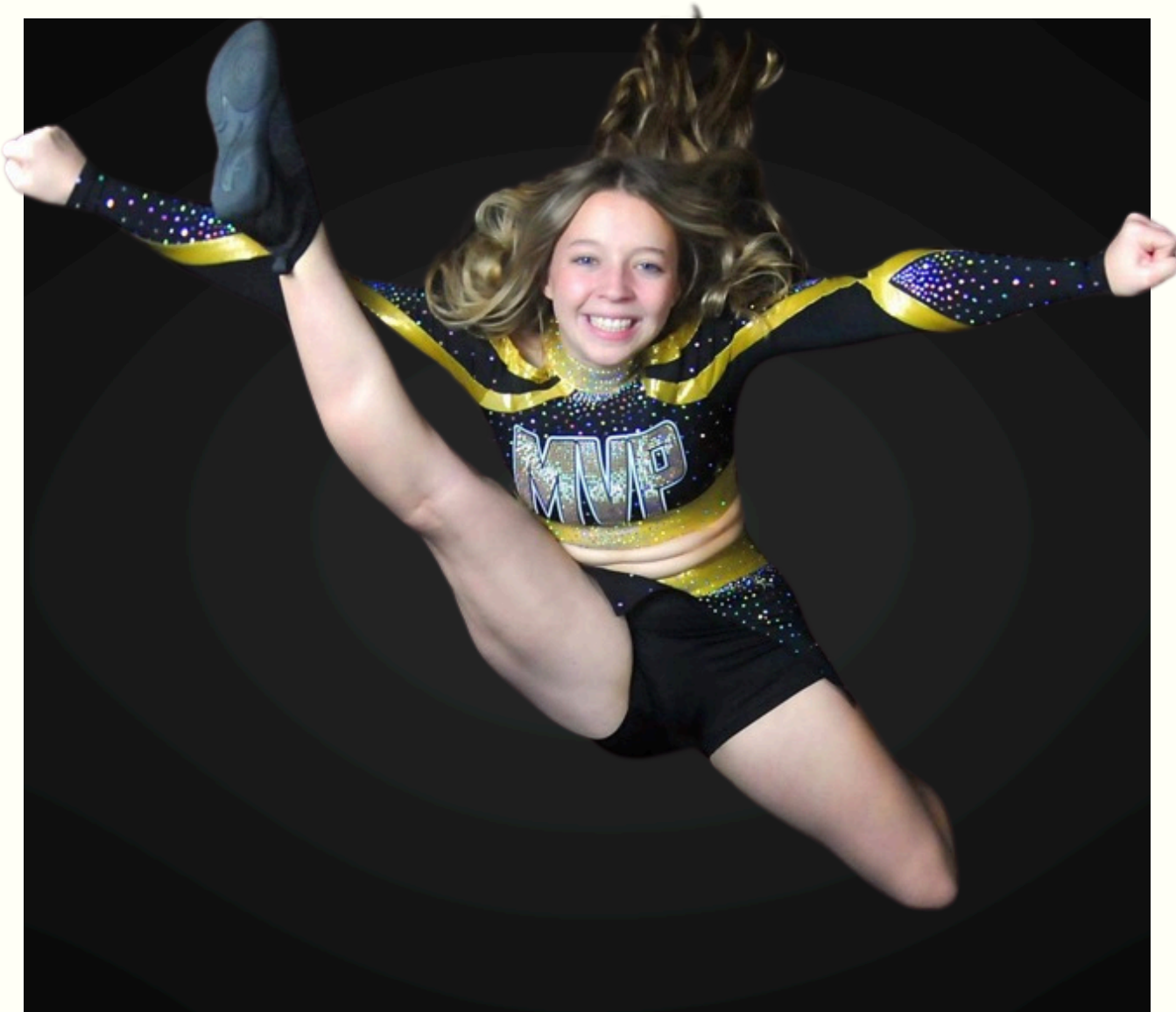
 www.mvpoh.com

 miamivalleypremier@gmail.com

MVP

WELCOME!

We are excited to begin our new season at Miami Valley Premier!! The dedication of our amazing coaches along with the trust and support of our parents and athletes enabled us to achieve remarkable results from our very first season! We would like to thank all our current athletes and families returning for another season! Your loyalty and support are sincerely appreciated. If this will be your first season at MVP, we are excited to have you!



Team Placements

Hip Hop tryouts will be May 8th through May 11th
We will have team announcements on May 12th!
Commitment day for dance is May 13th!

Tryouts will take place May 15th through May 17th for full season cheer. Private tryouts will take place on May 18th. Each athlete will attend all required days unless a private tryout is scheduled. Our staff will begin placing athletes into team groups throughout the week and announce team placements on May 20th. Our commitment day will be May 21st!

We will build teams that have the best chance of competitive success in every aspect of the scoresheet. Team members will be selected based upon individual skills, experience, stunt position, ability to focus, commitment, and positive attitude.

Practices & Attendance

All teams will begin the season with two scheduled practices each week. In the summer, most teams will practice two days during the week, Monday through Thursday. Once school begins, most teams will practice Sunday and one day during the week. Practice attendance is incredibly important to a team's success. Athletes will be allowed to miss a limited number of practices throughout the season. These must be provided to the gym and coaches in a timely manner. Missing excessive practices could impact an athlete's position on the team. **IMPORTANT:** Athletes missing practice within two weeks of a competition may not be allowed to compete in the event. When you make the commitment to participate in All-Star cheerleading or dance, you are committing to your team first before other activities.



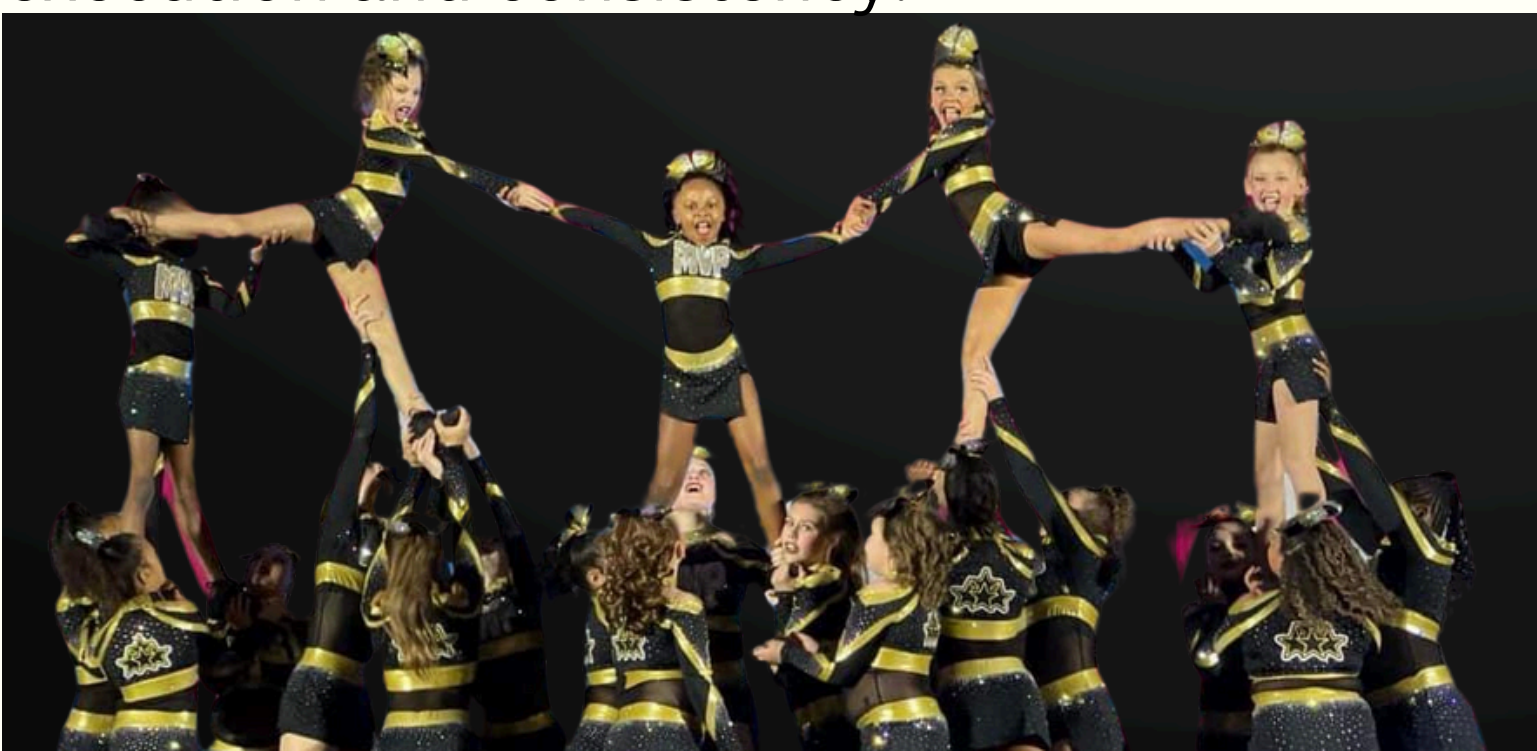
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Tryout Information

Tryouts this year will take place at our Factory Drive location since we will not transition to our new location until June. Our staff will guide the athletes through the entire process. This process is closed to parents. Each athlete will perform running and standing tumbling skills according to their ability level as well as jumps. They will also be asked if there are any additional tumbling skills they wish to perform other than what was requested by the coaches and they will have an opportunity to show those skills. The coaches will also pay attention to attitudes, body language and personality throughout the process. Dancers will perform any tricks or tumbling skills that they may have

Tumbling at Tryouts

Athletes should review the tumbling skills breakdowns on the following page to establish their goals for tryouts. However, it is essential to understand strong teams are built with athletes who can stunt, jump, tumble, perform, and have the mental capacity representative of the age and level of their team. Most athletes placed on a team will be able to perform the advanced and elite standing and running tumbling skills for their level with a high degree of execution and consistency.



Flyers

Athletes who want to be considered for a flying position will have their body positions evaluated during the tryout process. If you are new to competitive cheerleading, strong flexibility and body control is essential to give yourself the best opportunity to be selected as a flyer. Please be sure to specify on your tryout form if you want to be considered for a flying position.

Tryout Dates

Allstar Dance

- May 8th - 6:00-8:00 PM Athletes to learn routine
- May 9th - 6:00-8:00 PM Mini/Youth
- May 10th - 6:00-8:00 PM Junior/Senior
- May 11th- 6:00-8:00 PM Open Dance (Age 16+)
- May 12th- Team Placements
- May 13th - 6:00-8:00 PM Commitment Day!

Tiny Novice	4-7 years old	2017-2021	Female/Male
Tiny	5-7 years old	2017-2020	Female/Male
Mini	6-10 years old	2014-2019	Female/Male
Youth	9-13 years old	2011-2016	Female/Male
Junior*	11-16 years old	2008-2014	Female/Male
Senior	13-19 years old	6/1/2005 - 2012	Female/Male
Open**	16 years +	On or before 12/31/2009	Female/Male

DANCE AGE GRID

Allstar Cheer

- May 15th - 6:00-8:00 PM Tryout Clinic All athletes/levels
- May 16th - 6:00-8:00 All athletes/levels
- May 17th - 6:00-8:00 PM All athletes/levels
- May 18th- 6:00-8:00 PM Private Tryouts
- May 20th- Team placements
- May 21st - 6:00-8:00 PM Commitment Day

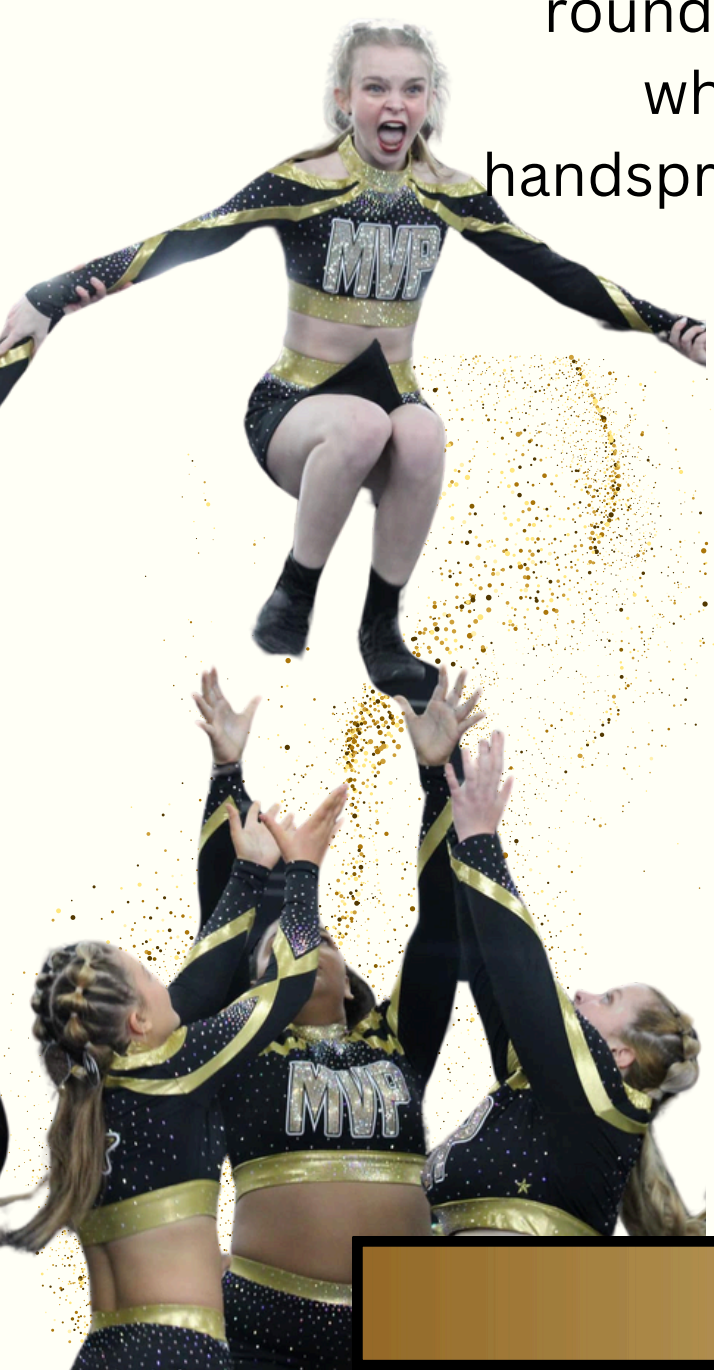
MVP

TUMBLING TRYOUT FOR NOVICE, PREP TEAMS, AND HALF SEASON

Athletes trying out for novice and/or prep, half season teams will be guided through the tryout process by our staff. The novice division will be for younger and/or entry level athletes who may be new to cheerleading. They will be asked to show what skills they are comfortable with, which may include cartwheels, round offs, and front and back walkovers. Prep level would include athletes who may be able to execute stronger front and back walkovers, back handsprings, etc. There are several different levels in Prep divisions, and we will build teams as we see fit.

The following abbreviations are used in the chart below:

- BWO - Back Walkover
- FWO - Front Walkover
- BHS - Back Handspring
- RO- Round Off



Elite Allstar Team Tumbling Requirements

TUMBLING TRYOUT FOR ELITE ALL-STAR TEAMS

	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5	LEVEL 6
TRYOUT SKILLS THAT ATHLETES WILL BE ASKED TO PERFORM						
STANDING #1	Back Walkover	BWO Back Handspring	3 BHS	Standing Back Tuck	2 BHS to Layout	1 BHS to Full
STANDING #2	2 Back Walkovers	BHS Step Out BWO BHS	BHS Step Out 2 BHS	1 BHS Back Tuck	1 BHS to Layout	2 BHS to Full
RUNNING #1	Cartwheel 2 Back Walkovers	RO 2 BHS	RO BHS Back Tuck	RO BHS Layout	RO BHS Full	Punch Front to Full
RUNNING #2	Front Walkover Cartwheel	FWO RO BHS	FWO RO Back Tuck	RO Whip Tuck	Punch Front to Full	Double Full
ADDITIONAL SKILLS THAT ATHLETES WILL BE ABLE TO PERFORM IF THEY CAN						
	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5	LEVEL 6
ADDITIONAL OPTIONAL SKILLS	Valdez	BWO Switch Leg BHS	BHS Step Out BWO 2 BHS	BHS Step In Back Tuck	Arabian	Standing Full
	BWO Switch Leg	RO BHS Step Out BWO BHS	FWO RO BHS Back Tuck	Punch Front to Layout	2 to Whip 2 to Layout	Standing 2/3 BHS to Double
		Bounder / Flyspring	FWO Aerial		2 to Whip Punch Tuck	Arabian to Full

**We will consider all athletes for teams regardless of tumbling experience, although placement is not guaranteed*



Expenses for the 24/25 Season

Annual Registration Fee

Athletes are required to pay a \$65.00 annual registration fee once per year.

Annual Registration

\$65.00 annually

Tuition

Tuition is divided into 11 installments (May - April) and covers all team training, a weekly tumbling class, music, competition fees, and competition travel/meal fees for coaches (does not include end of season coaches fee). Monthly tuition will be billed on the first day of each month and will be charged to the credit card on file. You have until the 5th of each month to pay your balance before you receive a late fee. If you have not paid your balance after the 5th, your athlete will be sat until it is brought current. Please communicate any financial issues to us prior to your due date.

We provide a sibling tuition discount of \$50 per month for 1 sibling, \$75 per month for 2 siblings, and \$100 per month for 3 or more siblings enrolled in the All-Star program. All families must have a credit card on file that will be charged each month for monthly tuition and your May 2024 tuition payment must be paid when you register for the 2024-2025 season. This will be prorated to assist with cost for our families!

Note: Due to our new facility and the rising cost of competitions, we have raised our monthly tuition slightly.

Monthly Tuition, Crossover Fees

Allstar Cheer	\$300/month
Allstar Dance-Hip Hop	\$300/month
Open Hip Hop Worlds	\$100/month
Cheer to Cheer Crossover Fee	\$100/month
Dance to Dance Crossover Fee	\$100/month
Cheer to Dance Crossover Fee	\$150/month
Half Season Cheer	\$210/month
Mini Jazz	\$200/month
Tiny Novice	\$150/month

****NEW THIS SEASON-**cheer to dance crossovers will no longer pay comp fees, but will instead pay a monthly fee which includes comp fees and coaches fee for regular comps. Athletes on the open hip hop team will be responsible for regular season comp fees.

Additional Expenses

Families will have a USASF athlete registration fee to be paid to USASF. All athletes that are 18 or will turn 18 prior to June 1, 2025 are considered "Adult Athletes". These athletes are required to have their own athlete account with USASF and will be asked to complete a background screening through their USASF portal. In addition, they will be required to complete an Abuse Prevention Education program prior to eligibility. All of this is included in their membership fee and athletes cannot be rostered until each step is completed.

Other expenses include travel/hotel expenses for out-of-town competitions, end of season event coaches fee, boosters fee, choreography fee, competition shoes, practice wear, dance attire, and a competition uniform if they do not already have one. Our athletes wear black Rebel shoes and Rebel uniform.

All athletes will also be required to purchase two sets of Rebel practice wear.

We will also be offering another option for your competition jacket through Rebel. This will be ordered in July to ensure timely arrival. This is optional if you already have one. This year we will also have a required end of season Rebel practice wear set. All teams that receive a bid to summit, allstar worlds, or Worlds will be required to purchase. Please take advantage of our wonderful fundraising opportunities!

Breakdown of Additional Expenses

USASF Fee	\$49
Uniform (New)	\$500
Rebel Practice Wear (2 sets).	\$200-\$250
End of Season Coaches Fee	\$150
Choreography Fee (due July 1st)	\$250
Rebel Shoes	\$100-\$150
MVP Rebel Backpack (optional)	\$150
MVP Rebel Competition Jacket	\$150
Summit/ASW/Worlds	\$125
Rebel practice wear set	
Boosters Fee (see boosters info page)	

Important Dates

Uniform/Practice Wear Fittings

June 17th 6:00-8:00 PM

Fall Practice Schedule begins

August 18th, 2024

MVP Showcase

October 12th Time TBD

Team Pictures

March 2025 Date/Time TBD

Gym Closures

Fourth of July Break	6/30/24-7/7/24
Labor Day	9/1/24-9/2/24
Halloween	10/31/24
Thanksgiving Break	11/27/24-12/1/24
Holiday Break	12/20/24-1/2/25
Easter	4/20/25

MVP will not hold practices on the dates listed above. It is common for us to have several open gyms during Thanksgiving and Christmas breaks for athletes that would like to come in and tumble.





Important Information

- ★ If you have any questions or concerns that need immediate attention, please use the following chain of communication.
1) Team Coach 2) Owner
- ★ NO outside MVP merchandise of any kind may be designed, purchased, or distributed. Team specific spirit wear must have approval by a MVP owner.
- ★ All practices and competitions are mandatory. Extra practices may be added by your coach during the regular season. All year end events (pending bids) are mandatory. These events include The summit in Orlando, Florida, Allstar World in Orlando, Florida, and Youth Summit in Tampa, Florida. Please plan accordingly. Practices may be added two weeks prior leading up to these end of year events.
 - ★ You must arrive to practices and competitions on time.
- ★ Team practices are closed to parents. You may come in the last 10 minutes of practice.
- ★ Athletes are required to wear the appropriate practice wear to every practice
- ★ Anyone threatening to quit or pull their child from a team may be dismissed from the program immediately.
- ★ The parent viewing area and lobby is expected to be a positive environment for parents to enjoy watching their kids. Please do not be that parent.
- ★ Social media posts that are a poor representation of Miami Valley Premier may result in suspension or removal from the team. Please think before you post!
- ★ You are making a commitment to MVP and your team. You are required to honor this commitment
- ★ It is the parent's responsibility to know what is going on with your team. Please check your emails, Family page, and team group communications regularly
- ★ If your athlete quits or is removed from the program you will not receive a refund of any kind. Quitting after choreography will result in a \$500 early termination fee



MVPStars is a non profit group managed by parents that volunteer their time. Our purpose of this organization is to support the cheer and dance program financially and socially! There will be a one time annual fee due by all athletes that make a commitment to Miami Valley Premier Athletics. MVP Stars members will be available at commitment day to answer any questions!

Spirit Fee will be due by August 1.

- \$130 for Full Season Athlete
 - \$75 for Crossover Teams
- \$90 for Half Season Athlete

MVPStars will assist with the following for the cheer and dance program:

- ***Fundraising opportunities to help families put towards gym costs***
 - ***Team gifts for each athlete***
 - ***Team Bonding***
 - ***Holiday Gifts***
 - ***End of Year Celebration Party***
 - ***Specialty Awards***

There will be regularly scheduled meetings held for all parents to attend, if you choose, to discuss further enhancement of the program. If you have any questions please email mvpstars@myyahoo.com.



Tryout Information Form

Athlete's Name: _____

Athlete's Date of Birth: _____

Is athlete a School Cheerleader for 2024-2025? _____

Previous All-Star Experience? _____

If yes, complete the following:

Previous All-Star Gym: _____

Last Year Competed: _____

Last Stunt Position: _____

Level Competed: _____

Level athlete will be trying out for: _____

Does athlete wish to be evaluated for a flying position? _____

Are you interested in more than one team? _____

Parent or Guardian's Name: _____

Parent or Guardian's Cell Phone: _____

I want my athlete to be considered for (please circle):

All-Star Cheer Allstar Dance Half Season

**I have read, understand and agree to the 2024-2025 All-Star
Packet.**

Signature: _____

Date: _____

Thank you for choosing Miami Valley Premier Athletics
"Welcome To The Valley"